

Sample Weekly Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Exercise & Stretch	9:00 Wake & Shake	9:00 Stretch & Bend	9:00 Seniorcise	9:00 Wake & Shake	9:00 Seniorcise	9:00 Coffee and donuts
10:00 Religious Services	10:00 Horticulture Club	11:00 Arts & Crafts	11:30 Once in a Blue Moon	11:00 Current Events	10:30 Strike up the band	11:00 Cookie making
11:15 Patio Pleasures	11:30 Sit & Stretch	2:30 Book Fair	2:30 Dance to the music	2:30 Live Entertainer/ Music	2:30 Yoga 2:30 Birthday Bash	2:30 Stories from the attic
2:30 Cinema	12:15 Personal Social Visits	4:30 Basketball	4:30 Sing a long	4:30 who am I	4:00 Happy Hour	3:45 Chair dancing through the decades
4:15 Personal Social Visits	2:30 Bingo	6:45 Card Club	6:30 Bowling	6:45 Dice Game	6:00 Bunco	
8:15 The Great Musicals	3:45 Wii Play 4:30 Horseshoes 6:45 Pokeno	7:30 Fashion Show	7:45 Movie			7:00 Western Theater